

# PERU ELEMENTARY SCHOOL DISTRICT 124

## BREAKFAST/LUNCH MENU

### OCTOBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cereal Mini Muffin Fruit Juice  French Toast Bites/Syrup Hashbrown Yogurt Capri Sun	2 Apple Frudel Fruit Juice  Cheese Ravs /Spag Sauce Breadstick Green Beans Mixed Fruit	3 Sausage & Egg Taco Fruit Juice  Hamburger on Bun Fries Baked Beans Juice	4 Strawberry Mini Bagel Fruit Juice  Taco in a Bag Lettuce Salsa Pineapple	5 Breakfast Pizza Fruit Juice  Pepperoni Calzone Marinara Cup Salad Pineapple
8 Cinnamon Bagelful Fruit Juice  Turkey & Cheese Sub Sun Chips Carrot & Celery Sticks Ranch Cup Mixed Fruit	9 Cereal Yogurt Fruit Juice  Nachos Cheese Cup Mixed Vegetables Sidekick Slushy	10 French Toast Bites Fruit Juice  Lasagna Roll Up in Sauce Garlic Bread Green Beans Capri Sun	11 Mini Chocolate Donuts Fruit Juice  Hot Dog on Bun Fries Baked Beans Pineapple	12 Breakfast Pizza Fruit Juice  French Bread Cheese Pizza Salad Tropical Fruit
15 Mini Pancake Bites Fruit Juice  Breaded Mozz Sticks Marinara Cup Broccoli/Ranch Cup Mandarin Oranges	16 Chocolate Banana Bar Fruit Juice  PBJ Chips Carrot & Celery Sticks Ranch Cup Apple Slices	17 Cereal Mini Muffin Fruit Juice  Turkey Cheese Lunchable Cauliflower/Ranch Cup Capri Sun	18 Breakfast Sliders Fruit Juice  Chix/Bacon/Cheese Wrap Carrot Sticks Ranch Cup Mixed Fruit	19 Breakfast Pizza Fruit Juice  Pepperoni Pizza Rolls Salad Pineapple
22 Egg & Bacon Bageful Fruit Juice  Teriyaki Chicken Bites Dinner Roll/Butter Sweet Potato Puffs Broccoli /Ranch Cup Peaches	23 Mini Waffles Fruit Juice  BBQ Rib on Bun Fries Baked Beans Sidekick Slushy	24 Banana Bread Fruit Juice  Chicken Sticks Spudsters Corn Mixed Fruit	25 Cereal Yogurt Fruit Juice  Cheese Bosco Stick Marinara Cup Mixed Vegetables Grapes	26 Breakfast Pizza Fruit Juice  Mini Pizza Bagels Green Beans Orange Wedges
29 Cereal Mini Muffin Fruit Juice  Soft Pretzel Cheese Cup Salad Sidekick Slushy	30 Pancake Wrap Fruit Juice  Chicken Nuggets Spudster Carrot Sticks/Ranch Pineapple	31 Mini Powdered Donuts Fruit Juice  NOON DISMISSAL NO LUNCH	1 Dutch Waffle Fruit Juice  Hot Dog on Bun Sun Chips Cauliflower / Ranch Apple Slices	2 Breakfast Pizza Fruit Juice  Pizza Crunchers Marinara Cup Broccoli /Ranch Mixed Fruit